



Monthly Family Activity Guide

NOVEMBER THEME: My Family and Friends

Designed to help support learning and development at home inspired by the Frog Street curriculum used in the Springfield Public Schools pre-school classrooms

Writers Corner

- Have your child use stationary or a card to write a thank you card to their family.
- Provide paper for your child to draw memories of being with their relatives.
- Write the words food, water and love on index cards then have your child draw a picture of what pets need and label it with the words.

Construction

- Build with blocks to create a home big enough for your relatives and friends. How many people could you fit?
- Build an obstacle course for a pet. What materials would you need?

ABC

- Use letters (like magnets) to make words like brother, sister, mother, father, or relatives names.
- Sort letters into three groups; letters with straight lines, letters with curves and letters with both straight lines and curved lines.

Pretend and Learn

- Pretend to operate a pet grooming business. What would you need to operate?
- Make a pretend lunch for a family member that is traveling. What would you pack for lunch?

Math

- Roll a die and count objects such as counting bears or pom poms to match the dots on the die.
- Count out counting bears (or any small objects) to show the number of people in your family.

Calm (Social-emotional)

- Teach your child to bunny breathe. Hold two fingers (bunny ears) in the air. Take three quick breaths (move the bunny ears up and down as you breath). Then hold your breath for 3 seconds and exhale slowly and hop the bunny (your hand) away.

Creativity Station

- Encourage your child to make a family portrait.
- Use playdough to create your own pets put out googly eyes, feathers, pipe cleaners and other supplies.
- Make a friendship chain. Cut strips of paper and write friends, relatives, and pets names on them and then staple together.

Sensory

- Make your own playdough with your family. You will need: 1 cup of flour, 1/4 cup of salt, 3/4 cup of water, 3 tbsp of lemon juice 1 tbsp of vegetable oil, food coloring and any scents (cinnamon, vanilla, koolaid, etc.) you would like.. Cook on stove the water, lemon juice, oil on medium heat, add the food coloring (or any extracts you added). Combine dry ingredients in a bowl then add to water on stove. Cook until slightly less sticky and remove and let cool.. Use your hands to knead and enjoy!