# **Home City Families**



### **Family Playgroups**

Mondays- Indian Orchard Library @ 10:30

Tuesdays- Forest Park Library @ 10:30AM & Sixteen Acres @ 1:30PM

Wednesdays- Mason Square Library Gross Motor Group @ 10:30AM

Thursday- HCF Family Space @ 10:30AM

Fridays- East Forest Park @ 1:30PM & 1st and 3rd 11/3 & 11.17 Baby and Me Playgroup @ 10:00AM

\*See Facebook or website calendar for details

### Programs/Dates to Highlight

Friendship Fun Craft 11/16 10:30AM HCF Playspace

Tinkergarten family series-Sundays in November

No Programs 11/10, 11/23 & 11/24





\*download guide from facebook or our website



### Stay up to date of all things Home City Families:

WWW.HOMECITYFAMILIES.COM

WWW.FACEBOOK.COM/HOMECITYFAMILIES



### Who is Home City Families?

We are an EEC grant held by the Springfield Public Schools and our mission is to support families throughout Springfield families with young children birth-6. We offer parent/child playgroups, parent education, new baby outreach visits, information and referrals, ASQ developmental questionnaires and more!

We are a small but mighty team of 4
which includes: Jennifer- Project
Manager, Kim- Family Program
Coordinator, Courtney- Early Childhood
Program Specialist & Linda- Outreach
Specialist.

## Everyday ways to enhance your child's social and emotional development:

Talk and listen to your child. Talk out loud about what you are doing, seeing, hearing, and thinking during the day.
Babies "talk" using many sounds, gestures, and actions. When he babbles, talk back. Show excitement when he begins to say words.

Read, play, and explore together. Be actively involved – it's the best way to learn and build relationships at any age. Explore outside. Consider the child's interests and personality when choosing activities. Young children need physical activity every day ... and so do parents.

Introducing HCF's Milo!
Join us to follow Milo's adventures throughout
Springfield!



Milo's Adventures





### Did you know?

If babies' bodies grew at the same rate as their brains, they would weigh 170 pounds by 1 month old!



### COURTNEY'S CRAFTY CORNER

#### Thankful Turkey!

On November 1st, create a turkey body and tape it up on the refrigerator or wall. Each day talk about what your child is thankful for that day. Write it on a feather and add it to the turkey. Review it at the end of the month!

Be sure to take a picture of it, you'll love looking back at it in the future!



The idea of
thankfulness is a hard
concept for little ones
to understand, try
introducing it as things
they love instead! As
they get older
introduce
thankfulness.





