

NOVEMBER

THEME: My Family **FOCUS:** Children learn, talk, read, and write about family members, family roles, and unique qualities of families.

ALPHABET KNOWLEDGE

C, D & E

Create letter mats by writing the letter C and D on a piece of paper. On top of the mat, form the letters using playdough or trace the letters with your finger.

LET'S GET PHYSICAL!

Loosen up your body by doing simple stretches. Touch your toes, do some lunges, get a good side body stretch!

TALK ABOUT IT

Use sentence starters to help children use complete sentences in discussions about Families.

My family likes to...

My family is special because...

My favorite holiday foods are...

My favorite bedtime story...

Everybody in my family...

VOCABULARY WORDS

Family
Kindness
Feelings
Love
Relatives
Holiday
Alike
Different

<p>BOOK LIST</p>	 <p>By: Stella Blackstone</p>	 <p>By: Jane Cowen-Fletcher</p>	 <p>By: Barbara Kerley</p>	 <p>By: Cheltenham Elementary School Kindergarten</p>
<p>DISCUSSION TOPICS</p>	<p>Talk about who the members are of your immediate family and what are their roles.</p>	<p>Discuss ways you take care of each other in your family.</p>	<p>Talk about the fun things you do with your family members like, going on vacation or going to the park.</p>	<p>Discuss the different types of families and how they are alike and different.</p>
<p>CREATIVE ART IDEAS</p>	<p>FAMILY PORTRAIT: Draw a family portrait and label the members you draw.</p>	<p>FIRST AID KIT: Create your own first aid kit equipped with band-aids, bandages and lots of love!</p>	<p>MAKE A PIZZA TOGETHER: As a family make a pizza together. Help add your favorite toppings!</p>	<p>HANDHELD MIRROR: With a paper plate, foil and a tongue depressor, create a handheld mirror. Decorate with stickers and more!</p>

ENHANCED LEARNING

LEARN THROUGH PLAY

- Play "Guess who I am" taking turns describing the role of a family member, see if the other person can guess who you are.
 - Play dress up and pretend to be different family members.
 - Make your family members out of playdoh!

MATH AND SCIENCE

- Go on a nature walk or hike with your family!
- Create a food collage with cutouts from newspaper ads or magazines.
- Sort objects based on their characteristics. Use cups, a baking tin or even an egg carton to separate the objects.

BULLETIN BOARD

Forest Park has winter farmers markets starting in November!

Check out their website.

<https://www.farmersmarketatforestpark.com/>

