

OCTOBER

THEME: Ready for School! **FOCUS:** Children learn the expectations, routines, and behaviors of school.

ALPHABET KNOWLEDGE

A & B

Point to A's and B's while reading books with your child.

LET'S GET PHYSICAL!

Call out letters of the alphabet and animal names that begin with that letter, act like that animal.

Ex. "S is for snake! Slither like a snake."

TALK ABOUT IT

Use sentence starters to help your child use complete sentences in discussions with friends.

My favorite thing is...

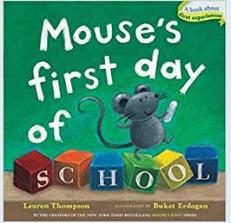
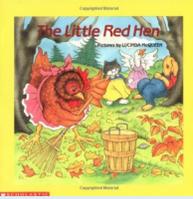
When I am playing with a friend...

When I am happy I like to...

When I am hungry...

VOCABULARY WORDS

School
Teacher
Play
Help
Partners
Together
Cooperate
Turns

BOOK LIST	 By: Kirsten Hall	 By: Suzanne Bloom	 By: Lauren Thompson	 By: Lucinda McQueen
DISCUSSION TOPICS	Talk about different activities children do at school and what things they might find in a classroom.	Discuss things that friends do together and recall times they have helped a friend.	Explain that when people work together, they are partners. Think of different activities that are better done together.	Explain the term "cooperating" and point out times throughout the day when they cooperate with you or their siblings.
CREATIVE ART IDEAS	NEW EXPERIENCES JOURNAL: Using a few pieces of construction paper fold into a book or use a note book to draw pictures of new experiences.	LETTERS TO A FRIEND: Using lined paper help your child write a letter to a friend or draw a friend a picture.	PARTNER ART: Work as partners to create art together. Use lots of different materials, cardboard, construction paper, yarn and more!	CHORE CHART: Make a chore chart together using construction paper, crayons and stickers.

ENHANCED LEARNING

LEARN THROUGH PLAY

- Play roll the ball with a friend or family member.
- Play a game of charades with friends or mom and dad.
- Go on a school supply scavenger hunt around your home.
- Play store together and take turns playing different roles.

MATH AND SCIENCE

- Practice making simple patterns using Legos.
- Measure a piece of yarn 12 inches. Predict whether the things you measure will be shorter or longer than the yarn.
- Count grocery items, count your steps, even count how many red cars you see taking a walk.
- Mix colors with water and food coloring to see what new colors you can make.

BULLETIN BOARD

Home City Families has indoor playgroups! Call 413-787-6959 x.8 for more info. Learn more about where your child is developmentally by doing the ASQ! Complete your child's ASQ here: www.asqonline.com/family/06f169

